



from Suzanne Devereux - BelieveInYourDreams.net



**Tapping in to Inner Guidance
and Consciously Creating Your Life**

March 10, 2010

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everyone else thinks you
should?**

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Would you like to read back

### **Lock out the old, stale and broken**

I once went to see the painting of Da Vinci's "The Last Supper" on the walls of Santa Maria delle Grazie church in Milan, Italy. In order to get into the room where the painting was, I had to go through a series of air locks -- a set of sliding glass doors opened, I stepped into a small vestibule, and the sliding doors closed. In front of me was another set of sliding glass doors, which opened after 15 seconds or so, admitting me to another vestibule, and the set of sliding doors again closed behind me. I found myself in this second sealed glass chamber, no longer part of the outside world, but not quite at my destination. In the process of going through these air locks, I was distancing myself from whatever might be best left outside. When the final set of glass doors slid open, I stepped into the space that was my destination.

This is what I think is happening with the creation of the New World. We are going through a shedding or cleansing process, both individually and collectively. This involves removing ourselves from whatever in our lives no longer serves us... whatever in our lives doesn't belong. We can feel this process happening when we decide that we can no longer put up with work that drains our soul, or relationships that are stale and dead, or negativity in any form that bleeds us dry. We wake up one day and it's like a rubber band snapped -- we simply cannot bear living inauthentically a moment longer. We have figuratively stepped up to that first set of sliding glass doors, entered the chamber, and allowed them to close behind us, sealing us off. We may not be quite ready to step into our new way of being; heck, we might not even have a clear idea of what that new way is going to be. But we are SURE that the way things were, just cannot continue any longer. So face forward we must, waiting for the next set of doors to open, leading

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the wall, the world's gone
crazy, and you need help
finding your Center in the
storm.

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for more information.

Focus on the
natural abundance and
prosperity
that supports our world

us toward the life we really want.

On a group or societal level, we see this process happening in the determination for things to change, worldwide. There are grassroots, local, quiet movements and also worldwide, vocal calls-to-action for a changed world... a world of peace that absolutely will no longer tolerate war and cruelty... a world of **plenty** for every single man, woman and child, enough food, water, shelter and comfort... a world in which uniqueness and diversity are no longer cause for fighting, but are instead the uniting factor.

Let us celebrate when each old, broken aspect of our lives is left behind. Let us turn towards the next set of doors and take steps forward into the New Space. Let us have faith that as we go through each step, we are moving forward towards something better, something brighter, something beautiful. Allow the old to drop away, give no more attention to it. Instead, give all attention and focus to planning and creating the new life ahead.

Putting it into Practice

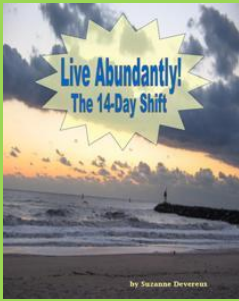
Closing the door on dead ends

Imagine if you identified one area in your life that you're absolutely sick-and-tired of, and you just decided once and for all that you're done with it. Period. No more thought or effort or angst was going to be given to that Dead End. Breathe... take a deep breath and, on the exhale, FEEL the weight slide off your head and shoulders. You've made a very important decision when you've declared that you are **done** with something that no longer serves you. Take another breath in and feel a new lightness, a little more space to think and feel.

Now turn your attention to what you WOULD like to see happen in this particular area. Your task now is to never, not for an instant, give any more thought to the old stuff you just left behind. All of your energy is now freed up in order to focus only on what you would like to create in your life. Allow yourself to feel the renewed hope and energy, even excitement, of being able to step into "creative mode" and build your new life.

This can also be done with world-wide issues. Take any element of life on Planet Earth that you feel no longer serves us. Declare to yourself or with others that enough's enough... we're done with it! It's been broken long enough and we're just not going to put any more effort into shoring it up or trying to fix it. It's a Dead End. Instead, our energy is going to be focused on the New Solution, the New Creativity.

Take the step into the next airlock. Allow those doors to close behind you, never to be re-opened so as to not contaminate the dream of the New



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World. Then face forward, and get ready to take the next step.

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