



from Suzanne Devereux - BelieveInYourDreams.net



**Tapping in to Inner Guidance  
and Consciously Creating Your Life**

**February 10, 2010**

**Tired of living the way  
everyone else thinks you  
should?**

**Ready to become  
a Conscious  
Creator?**

I offer one-on-one coaching to  
support you as you're creating  
a life you really want to LIVE.

What could be more important  
than getting your life on track  
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For more information, please  
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*Would you like to read back*

**Love is a candy heart ???**

What's all the hubbub about candy hearts and frilly cards? Is that REALLY what love is all about? If someone gives you a pink card with a poem on it on a certain day of the year, is that proof that you are loved? Is that the only way to know you are loved?

Let me answer that one for you: NO!

How did we get to this point where so much emphasis is put on Valentine's Day and roses and diamond rings and other outward signs of "proof" that someone else loves us?

Let me answer that one for you too: Brainwashing through commercialization.

Here's why most of us yearn for a Sweetie on Valentine's Day, someone who will honor us and shower us with love: Because it feels wonderful to be seen for who we are, and appreciated because of it. We seek that feeling of being accepted, appreciated, cherished and adored. It's not actually a lace heart that we want, we want to feel that feeling. And likewise, it feels wonderful to shower someone with that love, appreciation and adoration.

I offer a self-coaching program called "Activating the Love Vibration" which has a lot of tips and processes to get clear on this whole Love thing. But let me give you the secret of that program: Love is a vibration or frequency that exists all around us, and the way to have more of it in our

issues of "Living It Daily?"  
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you in your journey,  
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I've added a new coaching  
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Coaching."

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the wall, the world's gone  
crazy, and you need help  
finding your Center in the  
storm.

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on my website  
for more information.

Focus on the  
natural abundance and  
prosperity  
that supports our world

lives is to remove any old thoughts, beliefs and patterns that are keeping us from expressing and experiencing that Love. When we look for ways to express love -- to others, to our world, and to ourselves -- we resonate on the frequency of Love, we strengthen our signal, and love manifests in a myriad of ways all around us. When we appreciate the beauty of Nature -- really feel awe at the wonder of Nature's beauty -- we are activating that vibration of Love. When we adore our family and friends and others in our life, we activate the Love Vibe. When we love the wart on our toe -- because it is, after all, a part of us and just as worthy of love as any other part -- we resonate with Love for ourselves, and people around us will feel that vibration of Love and respond to it.

Love isn't something that we make happen, it isn't something that we search for "out there." Love is a state of being, and be-ing is an inside job.



It all starts [here](#)

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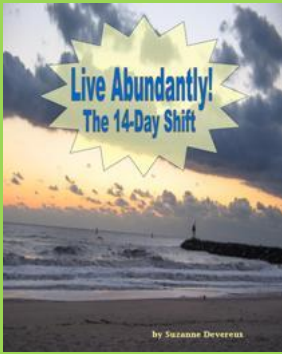
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