



from Suzanne Devereux - BelieveInYourDreams.net



Tapping in to Inner Guidance
& Working with the Law of Attraction

September 2, 2009

Tired of living the way everyone else thinks you should?

Ready to become a conscious creator?

I offer one-on-one coaching to support you as you're creating a life you really want to LIVE.

What could be more important than getting your life on track NOW?

For more information, please see the "Coaching" pages on my website by [clicking here](#).

Conscious Change

The nature of this universe is constant change, ever-adjusting and ever-evolving. Can't you see it in your own life and the lives around you? These days, change seems to be accelerating and very little remains the same for any length of time.

"Conscious" means being aware of what you are doing; being deliberate and intentional.

So "Conscious Change" means having a say in the changes that are happening to you. And that's a process that *absolutely* is available to you, participating in and directing your own changes.

You usually know that a change is about to occur because things become uncomfortable, or things don't go as smoothly as they once did. Or, if you hide your head in the sand long enough and ignore the signs, things totally fall apart.

It may feel bad, but this isn't necessarily a bad thing. We're here on this planet to learn, expand and grow. If ever we get too complacent or won't follow our Inner Guidance when it's telling us to make a change, Life will make it for us.

It can go quite a bit more comfortably for you, though, if you participate in change by *consciously choosing* the direction you'd like your life to go.

Don't let change scare you. Don't let fear stand in your way. Don't worry about everything that could go wrong. Instead, imagine and dream about a life lived the way YOU want, and then take steps -- big and small, whatever you can do -- to start making it a reality.

[Join My Mailing List!](#)

Would you like to read back issues of "Living It Daily?"
Click here for [archives](#)

For suggestions of books, dvds and websites to support you in your journey, please visit my [Resources Page](#).

My website:
[Believe in your Dreams.net](#)

MySpace page:
[AwarenessInside](#)

I've added a new coaching service called "Emergency Coaching."

This is for those times when you feel your back's against the wall, the world's gone crazy, and you need help finding your Center in the storm.

Putting it into Practice

2 ways to handle change

Let's say that an area of your life is feeling pretty uncomfortable and you think something's about to fall apart. Maybe it's a relationship that seems to be on its way out, or a job that you're afraid is going to end soon, or you feel like a move to a new place is about to happen. When these signs of change occur, you have basically two choices. You can:

1) ignore the signs and pretend nothing's happening until one day you're hit with the change "out of the blue" and need to scramble around to get your bearings; or

2) think, plan and dream about how you would like your life to change, actively participating in designing this new area of your life.

Change is a fact of life. With awareness of what's happening, and faith that everything always ends up working out for the best, we can go through change much more smoothly. And having the opportunity to direct some of this change -- well, why wouldn't you? Don't let fear of the unknown cause you to ignore impending change! Decide how you would like your life to be, set intentions and visualize, then take steps to make it happen the way you want!

Join me for a live online radio broadcast

Thursday, September 3rd

9:00 p.m. ET / 6:00 p.m. PT

I'll be a guest on the Full Contact Spirit Radio show on BlogTalkRadio

where we'll be talking about "Conscious Change" (among other things... you never know where the host, "Kahuna Rockstar" Sean, is going to take the conversation!)

Listen live or archived after the show at:

www.blogtalkradio.com/fullcontactspiritradio

If you want to call in with a question, the number is 646.595.2822
Talk to ya then!

Readers' Section

Law of Attraction House

Four years after Hurricane Katrina hit New Orleans, the city is still in the process of rebuilding to house all of the people left without homes. Ron Ross, a member of the Virginia Beach Law of Attraction Meetup Group, is joining with the Make It Right Foundation to raise funds and sponsor the building of a home there... under the Team Name "Law of Attraction

Please visit the
["I'm Stuck" page](#)
on my website
for more information.



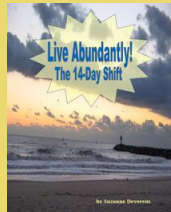
"Activating the
Love Vibration"

[Click here for more
Love](#)

House."

To find out more, please visit
<http://thelawofattractionhouse.community.officelive.com>
or to make a donation, you can go to the Make It Right website:
www.makeitrightnola.org (scroll about a third of the way down the page
for the LOA House)

Every little bit helps; let's "attract" a new home for a deserving family!



"Live Abundantly! The 14-Day Shift"

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And thank you!

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"Bursting with Abundance" is my weekly newsletter about attracting prosperity,
wealth, joy, and all-around abundance into your life.



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