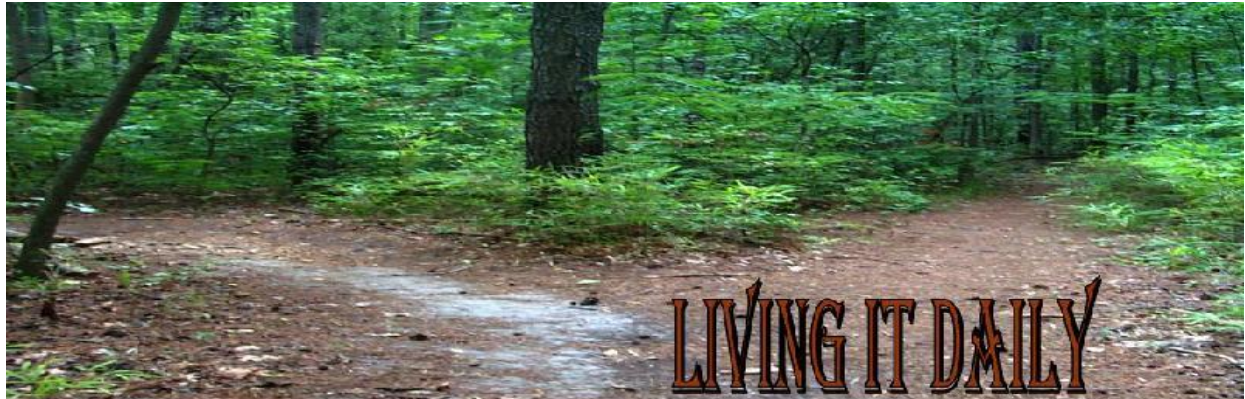




from Suzanne Devereux - BelieveInYourDreams.net



Tapping in to Inner Guidance & Working with the Law of Attraction

August 26, 2009

Tired of living the way everyone else thinks you should?

Ready to become a conscious creator?

I offer one-on-one coaching to support you as you're creating a life you really want to LIVE.

What could be more important than getting your life on track NOW?

For more information, please see the "Coaching" pages on my website by [clicking here.](#)

The Measure of One

There is a criteria by which we could measure all of our decisions, if we are brave enough to do it. That criteria is based on the truth that we are all One. Each and every human on this planet came from and is made up of the same Source Energy. All living creatures come from this same Source. The planet herself, and everything on it, is part of the Divine Energy Field that permeates the whole Universe, the All That Is.

Keeping in mind that anyone else we come in contact with is energetically attached to us, how might that change the way we act and the way we speak? The oceans, the trees, the ground - all part of us. Manatees and chipmunks and spiders - all connected to us, as if we are each a cell in the body of God.

Here's where the decision-making tool comes in: If we have a decision to make, the awareness of being One could be used as a criteria. For example, in trying to decide whether to throw a candy wrapper out the car window or keep it till we find a garbage can, which choice honors the truth of Oneness? This planet that we live so intimately with, she's a part of the Divine Energy Field we are all made up of, so wouldn't we choose to honor ourselves by not littering?

What about the homeless person on the side of the road, asking for some money? Our brain may come up with self-righteous scenarios in which this person doesn't "deserve" any of our money, but our heart knows that this person, too, is part of the One. From that heart-centered space we may decide to give some money or maybe just a kind word, but we would be interacting with the knowledge that we're connected.

What other issues and decisions could be seen from this heart-centered space, taking into account that our decisions affect The Whole and, therefore, ourselves? How might we make different choices in the debate on health care reform or supporting solar-power initiatives? Honoring this connection with

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My website:

[Believe in your
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MySpace page:
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I've added a new
coaching service
called "Emergency
Coaching."

This is for those times
when you feel your
back's against the
wall, the world's
gone crazy, and
you need help
finding your Center

others, might we decide not to fight with a family member or keep animals caged in zoos? The list is endless...

The reason behind the advice to "do unto others as you would have done unto you" is because we are all One and everything we do ultimately affects us all.

Putting it into Practice

What is life coaching anyway?

A life coach helps you uncover your true desires, and then helps you clarify the vibration and the physical steps towards what you want, encouraging you to stay on your path. Helping you get clear and then supporting you in your dreams is the basis of what I offer when coaching. I feel there's more to it, though.

My real value as a life coach is that I hold for my clients the same visualization for their dreamed-of future that they themselves hold, and I absolutely believe that anything they want is possible. The Law of Attraction works such that each person vibrates their own messages and the Universe responds; no person can vibrate for another. However, when someone holds you as their focus, and they are thinking and intending for you the same things that you are for yourself, the support you're receiving strengthens your own vibrational signal. In a coaching relationship with me, the unseen vibrational support is every bit as beneficial to you as the verbal and emotional support you'll get as we move you towards the life you dream of.

[Find out more about coaching](#)

or email me at Suzanne@believeinyourdreams.net



Bill Watterson

Readers' Section

Hi Suzanne,

Today, I took your advice from one of the articles you wrote about fun.

I didn't sleep very well last night because I overdid it yesterday helping my girlfriend paint her music/reading room.

in the storm.

Please visit the

["I'm Stuck" page](#)

on my website
for more
information.

After I dragged my butt out of bed. I turned on some music, and started dancing. If anyone would have seen me, I honestly wouldn't have cared. I would have invited them to dance with me. That's how I started my day from aching/hurting, and changed it into enjoying the moment!

-- P.W., Ohio

LOVE

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