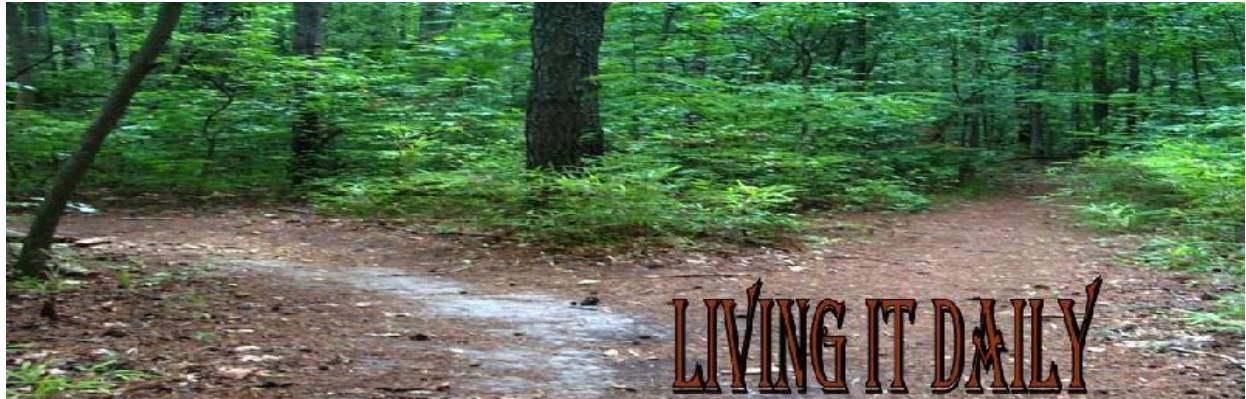




from Suzanne Devereux - BelieveInYourDreams.net



**Tapping in to Inner Guidance
& Working with the Law of Attraction**

July 29, 2009

**Are you "stuck" in
an area of your life?
I offer one-on-one
coaching to support
you as
you're creating a life
you really want to
LIVE.**

**What could be more
important than
getting your life on
track NOW?**

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Problems?

Any "problem" in your life (anything that's giving you trouble or which you don't like) is there for a reason: to illustrate to you a non-serving mental pattern you have. In this universe of "like attracts like," the things you think about act as magnets to attract like situations into your life.

As thoughts create reality, the physical manifestations that surround you serve as a mirror of what you've been thinking. So if there's something in your life that feels unwanted or uncomfortable, it's actually performing a service for you: the thing or situation is letting you know that there are thoughts bouncing around in your head that don't line up with what you want.

Many people get upset at circumstances, things or people that don't please them. But those things are only in your life because your thoughts attracted them to you. And the fact that something feels uncomfortable to you or unwanted is a message to change your thoughts.

At first glance, that may seem a little unfair, but it's actually a very empowering system. If your circumstances are created by your thoughts, then the power to change your circumstances rests with **you**. Little by little, a thought at a time, you can bring more pleasing circumstances into your life.

**Putting
it into
Practice**

Money -- The reflection in the mirror

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LOVE

"Activating the
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For suggestions of
books, dvds and
websites to support
you in your journey,
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[Resources Page](#).

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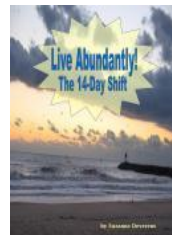
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Take a look at something that's manifested in your life right now that you don't like. For example, let's say that you're unhappy with the amount of money in your bank account. Instead of being angry at the lack of money, ask yourself what were the thoughts you had in the past that could have led to the circumstance of not enough money. Remember, all your current life situations are merely a reflection of the thoughts you've been having.

You know what these kinds of thoughts are. Most people have similar thoughts running through their brains all day long, thoughts like, "I never have enough money to buy the things I really want." Or "Why doesn't my job pay me more?" or "Those other people have all the money." What are the thoughts you hold about money that have resulted in a limited amount? Writing them down on a piece of paper will show you just how many negative thoughts you have regarding money and wealth.

The next step is to change those thoughts. This takes conscious effort, but wouldn't it be worth it? If you made the effort each hour to re-focus your thoughts to ones of abundance, prosperity and hope, those thoughts would begin to draw circumstances into your life that would reflect greater abundance and prosperity.

Use the mirror of the situations around you to show you what your thoughts have been on any given subject. Then change your thoughts to purposely bring new situations into your life.



"Live Abundantly! The 14-Day Shift"

My e-book is guaranteed to shift your life into a more abundant, prosperous mindset.

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Readers' Section

A reader gave me a great example of "going for her dreams": Chelynne Nicole just published her first book, "Carnival Mirror." Way to go!
To check it out, go to: www.chelynnicole.com

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