



from Suzanne Devereux - BelieveInYourDreams.net



Tapping in to Inner Guidance & Working with the Law of Attraction

April 8, 2009

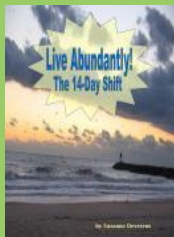
Guest Writer: Scout



Many of you know Professor Logan, junior staff writer for "Living It Daily," who sometimes handles the newsletter for me. Logan has a brother, Scout, who's been a little put out that he hasn't had the chance to "illuminate the people," as he puts it. We sometimes call him "Skitty Scout," and his mental processes show this skittishness as well, but he sure has a way of explaining it all...

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Reality, explained

I got to thinkin' the other day about Reality, and about how our lives seem to be lived differently from each other, but sorta side-by-side, you know? Like, my human, Suzanne, lives a pretty quiet, meditative lifestyle, often at her computer or writing or thinking. Her friend, who lives right up the street from us, always seems to have something going on, some "crisis" that needs handled or 3 phone calls coming in at the same time. And me, I spend my days walking around the house, then sitting, then laying in the sun and -- unbeknownst to people -- contemplating the laws and mysteries of the Universe. I really like eating and getting petted, too, so I like to jump up on Suzanne's desk (I stand right in front of her computer screen so she notices me and has to pet me -- it's what she calls "writer's block")

then I'll move to the Feeding Station and sometimes to the upstairs window. Now, where was I going with that? Oh yeah, how we all live different lives...



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Like my brother Logan, who thinks he's such a hot shot 'cause he's written 2 or 3 of these Living It Daily newsletters, lays around and sleeps a lot, purring and attempting to look cute and pet-able... that's what's important to him, and that's exactly the kind of life he leads, pampered and petted.



Anyway.... The point I was tryin' to make here is that everyone I mentioned is living in close proximity to each other, and we all interact with each other, but we're each havin' WAY different life experiences. Why is that, I wondered.

And what I came up with is this: It all depends on what we've decided is important to us. That's what we give our time and focus to. I could nap all the time like Logan, but it's just not that important to me, you know?

I like watching the birds or hangin' out with Suzanne at the computer.



And her friend could probably have a quieter, less stressful life with fewer "emergencies," but it must be that she WANTS her life to be like that, or thinks her life HAS to be like that.

Have you ever thought about what your days are made up of, and why they're like that? Don't feel bad if you haven't given this much thought, 'cause cats are just naturally more cerebral than humans (or dogs) and we spend a lot of time pondering the Meaning of Life like this. Cats, especially marmalade tabbies such as myself, have superior brain functionings that allow us to see the big picture and make appropriate choices for what really matters in life.

But where was I? Oh yeah: I was wondering if you've given it much thought about how your days are made up of what you decide is gonna be important to you, and what you're gonna focus on. If you DID give it some thought, what would you choose to put into your life to make it the way you would REALLY like it to be?

'Cause I have a secret to tell you: Whatever you decide you want your life to be, is what you will experience on a day-to-day basis. And if you don't actually do any decidin' on your own, you'll get sort of a hodgepodge of experiences, which is okay, if you like hodgepodges. But if you want your life to go in a specific way, it really is up to you to decide what you're gonna focus on and give your attention to.



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of Attraction to  
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dreams.

'Nuff said. I think I made my point.

## Putting it into Practice **My Advice: Notice**

Here's something you could try this week: Notice. Notice the people around you, and the lives they're living, and ask yourself what thoughts and words they're having that are likely creating what's happening with them.

And if you really want to exercise this Noticing Muscle, look around at your OWN life, and try to match it up with the thoughts you've been having and the words you've been speaking.

The next step is pretty simple: If there's something that you no longer want to be experiencing, stop it with those thoughts and words! And if there's something that you WOULD like to have more of, put more emphasis on the thoughts and words that will help you create exactly that situation.

'Nuff said. Go at it.



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