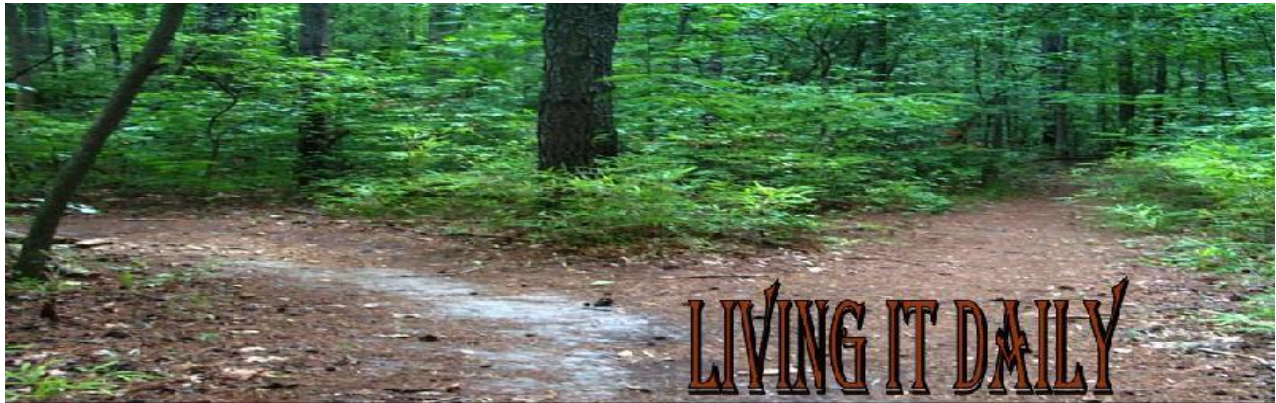




from Suzanne Devereux - BelieveInYourDreams.net

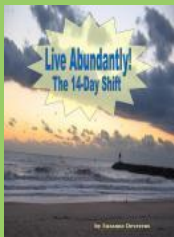


Tapping in to Inner Guidance & Working with the Law of Attraction

March 11, 2009

Join My Mailing List!

Would you like to read back issues of "Living It Daily?" Click here for archives



"Live Abundantly! The 14-Day Shift"

My e-book, guaranteed to shift your life into a more abundant, prosperous mindset.

Download and start your shift into Abundance Consciousness TODAY!

If I had a million dollars...

Many people say they would be happy if they had a million dollars. Do you fit in this category? Or have you ever said or thought, "I would be happy if I won the lottery."

How true is that? Maybe (probably) you would be excited if you won a big prize, or if a big chunk of money was deposited into your bank account. At least for a short time. But then what?

Is it actually having one million \$1 bills that you are seeking? Or is it what you plan on buying with that money? Do you want a million dollars because you imagine you would have freedom from worries, freedom to travel, freedom to quit your job and do something you really want to do?

When we make requests of the Universe, it's important that we be specific about what we want. If what you really want is freedom to fish all day, then that is what you should be asking the Universe for and centering your visualizations around: how it would feel/smell/taste/sound to be fishing all day.

Visualizations -- and, therefore, the messages you send to Source -- have so much more power and focus if you incorporate the reasons you want something. Then fill your imaginings with as much passion, excitement and sensory detail as you can, and the Universe can't help but hear your request.

Do this daily, and don't let contradictory messages enter into your thoughts and vibration. If they do, just replace them with the original visualization again, and your powerful signal will be answered.

[Click here for all the details.](#)

~~~~~

**Are you "stuck" in an area of your life?**

**I offer one-on-one coaching to support you as you're creating a life you really want to LIVE.**

**For more information, please see the "Coaching" pages**

**on my website by [clicking here.](#)**

-----

**[My website: Believe in your Dreams.net](#)**

**[MySpace page: AwarenessInside](#)**

-----

"Living It Daily" is listed on [BestEzines.com](#)

Please visit the site, leave a comment, and forward to your friends.

## Putting it into Practice

### Why?

When you decide to visualize something you would like to bring into your life, ask yourself, "Why?"

For example: "I want a new car."

"Why?" "Because it will feel fun to drive around in a new red car."

The important phrase to notice there is "feel fun." What you are actually wishing for in this example is "fun."

Another example: "I want to lose 20 pounds."

"Why?" "Because I would feel more attractive, lighter on my feet, healthier, and more active."

So, in that example, what you would really be desiring is the feeling of being light and active, healthy and attractive.

If you focus your visualizations on those feelings, and see yourself as healthy and attractive, it keeps your mind from focusing on attention to a condition that you are trying to get rid of, namely 20 pounds.

Remember, what we focus on gets activated in our vibration. So focus on what you DO want, and the underlying reasons for why you want it. Then infuse your visualizations with all the good-feeling emotions that go along with your desired thing or circumstance.

~ ~ ~ ~ ~

Why do people in ship mutinies always ask for "better treatment"? I'd ask for a pinball machine, because with all that rocking back and forth you'd probably be able to get a lot of free games.

~ ~ ~

from "Deep Thoughts" by Jack Handey

To make a voluntary contribution in support of this newsletter, please click below.  
And thank you!



Make a Donation

Help me pass the word about using Inner Guidance and the Law of Attraction to create the lives of our dreams.

"Bursting with Abundance" is my weekly newsletter about attracting prosperity, wealth, joy, and all-around abundance into your life.

**BURSTING WITH ABUNDANCE**

Sign up for two free issues by [clicking here](#).

**[Forward email](#)**

✉ **SafeUnsubscribe®**

This email was sent to devereux007@yahoo.com by [suzanne@believeinyourdreams.net](mailto:suzanne@believeinyourdreams.net).  
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Inner Voice Communications | IVC | Virginia Beach | VA | 23454