



from Suzanne Devereux - BelieveInYourDreams.net



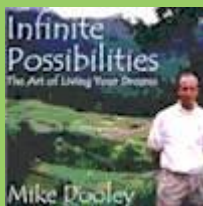
Tapping in to Inner Guidance & Working with the Law of Attraction

February 11, 2009

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Infinite Possibilities
by Mike Dooley



Explains in simple terms how thoughts actually become physical manifestations.

Turning Thoughts into Things -- How Do We Do That?

"Thoughts become things." "What you think about, you bring about."
"Imagine, and it shall be yours."

Phrases like these abound, urging us to watch what we think, because our thoughts today will create our realities of tomorrow. Have you ever considered why that is? Or how the seemingly non-existent material of a thought could become a physical object or circumstance? This is something that's been keeping me busy for quite some time, trying to figure out the mechanics by which an idea becomes tangible.

Mike Dooley, in his cd set, "Infinite Possibilities -- The Art of Living Your Dreams," postulates that thoughts have physical properties, just like everything we see around us. It's just that science hasn't identified the physical properties of thoughts (yet), so we don't quite know the mechanics of how they work. We know they DO work, though, as evidenced by the information we have from the field of quantum mechanics, and by the manifestation of things all around us, all of which originated with a thought.

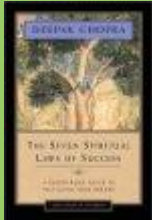
Dooley says there are three steps to manifesting: Focus, Expectation, and Relaxation. Deepak Chopra, in his classic book, "The Seven Spiritual Law of Success," calls these three steps Attention, Intention, and Detachment.

- With Focus or Attention, we energize particular thoughts, the thoughts we choose out of the thousands we think each day.
- With Expectation or Intention, we are calling the thoughts out of the invisible world into the physical world.
- With Relaxation or Detachment, we give up trying to tell the Universe "how" to bring our manifestations, give up the ideas of specific results, and enjoy the journey.

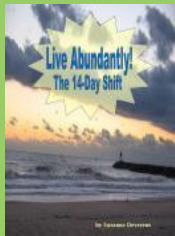
Another way to look at the formula is that we desire something, put power

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by Deepak Chopra



"Live Abundantly! The 14-Day Shift"
My e-book, guaranteed to shift your life into a more abundant, prosperous mindset.

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Are you "stuck" in an area of your life?
I offer one-on-one coaching to

behind the desire with our attention and intention, and then get out of the way and let it happen.

(Both of these resources are linked in the sidebar to the left, if you want to check them out.)

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**The best way to predict your future  
is to create it.**  
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**Putting
it into
Practice Call to Action**

This is a call to action. If the things you want haven't been manifesting in your life, there are processes and tools which will help to more clearly focus your thoughts and allow you to consciously create what you want to create. There are so many resources available -- some of which are on [my website](#) under the "Resources," "Newsletters" and "Articles" tabs. Bookstores and libraries are full of books, cds and dvds that can offer insight and direction as we journey down our paths. MeetUp.com allows like-minded seekers to gather together in local groups. And YouTube has many videos on the subjects of Law of Attraction and conscious creating. One good mind movie can be seen on my Myspace page: www.myspace.com/awarenessinside.

Just choose a tool or process (or more than one), and give it some of your time and focus. What have you got to lose?

**Activating the
LOVE
Vibration**

You are here on Earth to create your life, in any way you want. And one of the things you can choose to create in your life is Love. *Love isn't something that happens to you, it's something you choose to express and envelope yourself in.* Love has a vibration which underlies and permeates everything else in the universe, so when you activate the vibration of Love, you're influencing everything else in your life.

support you as
you're creating a
life you really
want to LIVE.

For more
information,
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starts February 19th.

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"Bursting with Abundance" is my weekly newsletter about attracting prosperity,
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