



from Suzanne Devereux - BelieveInYourDreams.net



## Tapping in to Inner Guidance & Working with the Law of Attraction

December 3, 2008

### Guest Writer

Professor Logan, junior staff writer for "Living It Daily," will be handling the newsletter this week. Please bear with him -- he can come across as a tad impatient sometimes, but his heart is in the right place. It's just that this Law of Attraction thing comes so naturally to animals; Logan gets a little exasperated with humans and our over-thinking of what, to him, is a very simple concept. He's really an ol' softie.

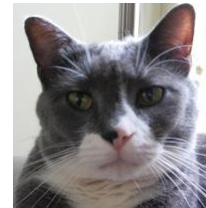


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### Being Thankful -- It's simple, really...

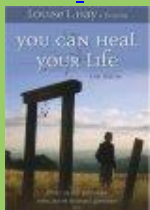
Suzanne went on a trip for Thanksgiving and left me at home for a few days. I'm bored, so figured I would put together another Law of Attraction newsletter for you to read. (Won't she be surprised to come home and find it already done this week!)

Let's talk about Being Thankful, shall we? You did that, didn't you, as you sat down to Thanksgiving dinner last Thursday? You thought about things in your life to be thankful for. Let me ask you something: Why do people do that only once a year, or once in a while? Is it that the magical parts of life only surface a few days each year? Or do you forget to notice them?

I think humans just forget to notice all of the wonderful things around them. They take for granted, when they open their eyes in the morning, that there even IS a morning... same as thousands of mornings that came before. Isn't that, in itself, a miracle? In all the clamor to create things in your life, isn't it wonderful that there's this stable platform from which to launch your dreams? Each day when you wake up, you know who you are and what your gifts and talents are; you live in the same place you lived yesterday, and have the same clothes to wear. I know you sometimes think that's tedious, but can you imagine if you had to re-create everything in your life each morning, making hundreds of decisions on your surroundings and your being, just to get started with your life that day?

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Daily?"  
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"You Can Heal Your Life"  
by  
Louise Hay

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My point is this: You live in a world that's much more stable than it is unstable (despite what you might hear on your news programs). This time and space provides a great platform from which to focus on creating new things and circumstances that you'd like to have in your life experience. That alone is something to be thankful for.

I found a great suggestion in Suzanne's email inbox (she doesn't know I know her password). It was in a message from Rhonda Byrne, producer of "The Secret" dvd. You can read about it in the section below.

## Putting it into Practice **Thank You Thursdays**

A *Secret Scrolls* message from Rhonda Byrne:

"The greatest thief of human happiness and abundance is ungratefulness. Any lack in our lives -- whether in money, health, or relationships -- is simply the evidence of a lack of gratitude. If you focus on lack you are not being grateful, and that will bring more lack into your life. Yet the simple state of radiating gratitude summons everything to you.

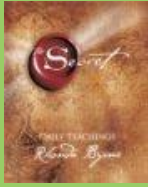
No matter who you are or where you are, you can change your life with gratitude, but you must feel it with your whole heart and radiate it from every cell... then practice gratitude relentlessly. As you practice gratitude you will attract more thoughts and feelings of gratitude. In a short time your entire being will be saturated with it, and you will experience a happiness that is beyond what you can imagine. This is what is ahead for you when you choose gratitude as your way of life. And if you can really live in this highest state of gratitude, you will never have to ask for anything. Everything you want will be given to you before you even ask, because gratitude is the magnetic substance that opens every single door in the Universe."

In her new book, [The Secret Daily Teachings](#), Rhonda Byrne suggests having a "Thank You Thursday" every week. This could be an easy way to start using gratitude and integrate it into your life. Thursday will be the day to feel thankful in as many ways as possible: As you walk from place to place, look for things in your life to give thanks for. Every time you stop your car, remember to say "Thank you" for something. Look for every opportunity to say "Thank you" to others, and really put some meaning into it.

Thanking your way through every Thursday just might be the start of opening up your own floodgates to amazing abundance in all areas of your life.

## Things I'm Thankful For

In an effort to encourage you people to focus on all the wonderful things in your life, I'm going to give you a partial list of what I'm thankful for:



"The Secret Daily Teachings"

by Rhonda Byrne



Mind Movies

**Pssstt!**



I may be letting the cat out of the bag, but I've got a secret to tell you:

Suzanne has come up with a great new tool to help you as you're working with the Law of Attraction and creating the life you envision.

She'll be sending you an email later this week. Watch for it -- it will be landing in your inbox soon!



I'm thankful for naps.

I'm thankful for warm laps, as my humans are reading, watching tv, or busy on the computer.

I'm thankful for squirrels and birds, who were put here for my entertainment.

I'm thankful for my humans, who were put here to feed, pet, brush, and rub me.

I'm thankful for my indoor potty.

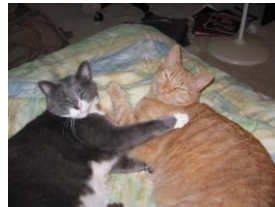
I'm thankful for crunchy treats.

I'm thankful for soft, fuzzy blankets to take naps on.



I'm thankful for patches of sun on the carpet on a cold, wintry afternoon.

I'm thankful for catnip and strings to chase around.



I'm thankful for companions, such as my brother, Scout.

I'm thankful for companions, such as my brother, Scout.

Your turn now to make lists of things -- especially the "little" things -- that you're happy to have as part of your experience.

Send your questions and comments to: [suzanne@believeinyourdreams.net](mailto:suzanne@believeinyourdreams.net)