



from Suzanne Devereux - BelieveInYourDreams.net



Tapping in to Inner Guidance & Working with the Law of Attraction

September 3, 2008



Find out what "The Secret" is all about with this dvd.

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Are you "stuck" in an area of your life?

I offer one-on-one coaching to support you as you're creating a life

NATURAL TALENTS AND PASSIONS

Christina Aguilera grew up in the same suburb of Pittsburgh that I did (though a generation later). When I was a little girl, I wanted to be a singer. When she was a little girl, she wanted to be a singer. Why did that childhood dream come true for her but not for me?

Because she didn't allow any messages to enter her subconscious that said she couldn't do it. She believed that she would be a singer, and she headed toward that dream. No, more than that -- she sang. She embodied the action verb "singing." She sang around the house, she sang in talent shows, she sang for her parents' friends. I like to imagine that if one of her buddies made fun of her dream of being a singer, little Christina would say to them, "I AM going to be a singer! I AM going to be a famous entertainer!" (Me, I wasn't so focused on singing; I have other passions and gifts.)

Each one of us was born with special gifts and a unique expression of All That Is. You are different from any other person on the planet. You have a unique mix of genetics, background, talents, hobbies, interests, skills, and life experiences. All of those make up who you are, a Unique Expression.

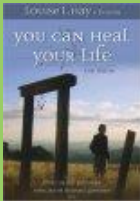
What are you doing with your Unique Expression? Do you know what it is? For most of us, it isn't something that throws us into the spotlight like a famous entertainer or political leader. But we each were born with something to express. It could be an intense love for Nature, or animals, or the elderly. It could be an expressive heart, sensitive to love or spirituality. It could be a boundless enthusiasm for pushing the limits of these physical bodies, or pushing the limits of our human minds with new inventions, new theories, new music. Perhaps you're here to BE humor, or to BE information (teach), or to BE speed (race car driver).

Even if you don't "know" what your Soul's Purpose is, you have clues -- just look to your natural talents and passions. We're not here to DO some big mission; we're here to BE an expression.

you really want to LIVE.

For more information, please see the "Coaching" pages on my website by [clicking here.](#)

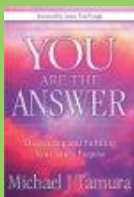
"You Can Heal Your Life" by Louise Hay



How to use the messages your life experience is giving you, and make changes to create the joyful life you want.

[My website: Believe in your Dreams.net](#)

 Forward to a Friend



"You Are The Answer" by Michael J. Tamura

Putting it into Practice **Uncovering Why You're Here**

If you're wondering what your Life's Purpose is, here are a few ways to help you uncover it:

Ask your parents or someone else who knew you as a little child, around the age of 5, what you said you wanted to be when you grew up.

If you asked your friends what you're "all about," what would they say?

Look at your home and work environments: Is there an element or theme that is echoed in your surroundings? Maybe every available surface is covered in fitness magazines or art movie dvds. Maybe your walls have been postered, since childhood, with pictures of mountains or wild animals. Maybe you decorate with a rich color palette, and are frequently experimenting with new colors. The possibilities are endless, and we can get great clues into our true passions by looking at what we choose to surround ourselves with.

And a more direct exercise to discovering your Soul's Purpose: Ask It. Imagine that you are talking to that part of you that existed before you were in this physical body. If you asked that all-knowing part of you what you came here to experience or what you came here to be, what would the answer be? Notice that you're asking your Soul not what "mission" it came here to do, but why it chose to come to earth in this particular body at this particular time... what did your Soul want to experience?

The next step is to express and experience your passions as often and as fully as you can, leading you to a life more fulfilling and joyful.

Readers' Section **A Re-written Story, a la Relationships**

Last week's newsletter was primarily about creating more love in your life ([archived copy here](#)). There's a story by Portia Nelson about walking down a street and encountering the same hole; I'd like to offer a slant on that story, pertaining to relationships:

I jump into a relationship; it's not what I want but I feel trapped. I'm miserable. Eventually I get out.

I find another relationship; it's pretty much the same disaster, but I'm helpless to change it, aren't I? After a while, I get out.

I do some self-exploration, and when the next partner comes along, I can

You can send me your question or Law of Attraction story for the Readers' Section by clicking below.

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see it's the wrong relationship for me and I end it right away.

I do some soul-searching, and realize that I'm worthy of having a satisfying relationship. I start looking for another mate, am aware of my patterns, and stay far away from the incompatible types I've chosen in the past.

I use self-awareness, intention-setting, and the Law of Attraction to **choose** who I will be in relationship with, and I live in love and joy.

If you feel that you would like to have a stronger vibration of love surrounding you, in your current relationship or to help you attract your perfect mate, check out my Love Vibe Teleclass starting September 10th.

Activating the **LOVE** Vibration

My next Teleclass on
filling your life with **Love**
starts September 10th.

[Click here for more details.](#)

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