

Hello! This week there are a few changes to the newsletter. First, there's a new picture in the header, thanks to a cool photo by my friend Ron. It's still a split path, signifying those moments (often many in a single day) when we choose how we're creating our lives. Also, since listening to our own Inner Guidance is the surest way to attract a life we enjoy, the subheader now reflects the new direction of this newsletter. Lastly, there's a new spot called, "Readers' Section" which is for your comments, questions, and stories. Thanks for being a part of this dialog!

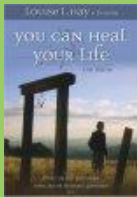


from Suzanne Devereux - BelieveInYourDreams.net



Tapping into Inner Guidance & Working with the Law of Attraction

August 6, 2008



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RESONATING IN POSSIBILITY

There are big shifts in the making, both in our world and within each of us. Times, they are a-changin'. We've heard about it in the Mayan prophecies; we see it in our politics and global events; we feel it in our own lives as some things (even if we think we don't want it to be happening) are dropping away.

As long as change is happening, why not direct the change? What would your ideal world look like? Do you imagine peace and cooperation between nations? Do you envision a vital, healthy planet with fully-functioning ecosystems? Do you imagine a kinder, gentler interaction, person-to-person, person-to-animal, and person-to-Earth?

What about your own life? How would you live your life, if you could have it any way you choose? How would your life feel? Would you choose a life that vibrates with love, exploration, excitement, contentment, joy, peace, fulfillment?

As you imagine your ideal life and ideal world, you resonate with a frequency that affects what scientists sometimes call the Zero Point Field, the space where creation happens. You are resonating all day long, in every moment. This frequency that you put out is the vibration that, through the Law of Attraction, brings people, things, and experiences into your life.

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My website: Believe in your Dreams.net

Forward to a Friend

The next "Activating the



The question is, are you choosing your vibrational frequency? Are you choosing what you think about and how you feel? As long as you're creating, why not create the life and the world that you choose?

It's all possible... how you create your life and your world is **your** choice.

Putting it into Practice **Imagining/Creating**

Put aside five minutes, once or twice a day, to imagine the ideal world you would like to live in. To soften any resistance that might arise in you, start out with, "If I was creating the world, it would be..." What would your ideal world look like and feel like? Use as much detail and color and feeling as you can. Phrase everything in the positive. Imagine the beauty, the cooperation, the vibrant life on our planet.

Then do the same thing for your own life, focusing on how your ideal life will *feel*. Believe, deep within your core, that you're here to live a fulfilling, joyful, love-filled life. The first step to creating a life like that is to send out a vibrational frequency announcing to the Universe that, from here on out, you're creating your life your way.

Readers' Section **The Law of Attraction in Action**

Hey Suzanne-

I have to share my latest realization with you regarding 'laws of attraction'.

Where I live my backyard backs up to [a second-hand store]. In that parking lot where donations are accepted there was a dumpster that was right up against the curb. Well when individuals decided to do their own personal dumping at really late hours I would hear it. A few weeks ago I was in bed and thinking to myself, "I really like where I live and if there was one thing I would change it would be the location of that dumpster." A few days went by and it was the weekend. I met a friend at my back gate to load up my kayak. I realized at that point that the dumpster had been moved! --S.B., Virginia

Send me your question or Law of Attraction story for this section of the newsletter. [Email me now](#)

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thanks!**

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**Thank you for being part of this dialog about the Law of Attraction.
I look forward to your questions and comments.
Feel free to write to me at: suzanne@believeinyourdreams.net.**

BURSTING WITH ABUNDANCE

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