



from Suzanne Devereux - BelieveInYourDreams.net



Working with the Law of Attraction

July 2, 2008



"Activating the Love Vibration" teleclass begins July 9th, 2008.

[Click here for more details.](#)



James Ray is one of my teachers, and has a new book and dvd about creating lives of Harmonic Wealth



[Find out what The Secret is](#)

ASK FOR DIRECTION

One day when I was watering my garden, a woman pulled up in her car, asking for directions. She was lost, and had somehow twisted and turned through a whole residential neighborhood, though she wanted to be on the major commercial road three miles away. I gave her directions and she went on her way. This got me to thinking about how we all get confused or "lost" at times, and, in our confusion, keep heading down the wrong path that gets us even more lost or discombobulated. But by stopping and asking for guidance, we can pretty easily get back on track. We don't need to revisit all of the wrong turns we made; we don't need to go back the way we came, all convoluted and confused. We just need to ask for guidance and then follow it... it will often take us to a place further along than we were when we first lost our way.

"You don't drown by falling in the water; you drown by staying there." -- Edwin Louis Cole

Putting it into Practice

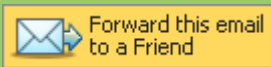
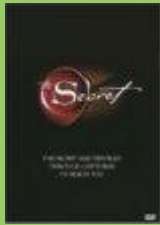
Your own IGS (Internal Guidance System)

You have an internal guidance system that will point you in the direction you want to go, and it works with any situation in your life that you would like to change. It's not necessary to keep telling yourself the story of how you got to where you are, or to think about all of the "wrong" things you or others did. The Law of Attraction is always responding to what you think and talk about, so if you want your circumstances to change, it would be best not to focus any more time or attention on how

all about:



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you got to where you are. Instead, activate your IGS using these four simple steps:

- (1) Stop. Just stop going down that road that you know is leading you away from where you want to go.
- (2) Ask for guidance. Take some deep breaths, quiet your mind, and ask your Higher Self for help, ideas, and instructions. Listen to your Intuition.
- (3) Follow the guidance, keeping your destination in mind.
- (4) Be happy and thankful that you're now on the path that's leading you to where you want to go. Look for signs that tell you you're getting closer to that which you desire. Celebrate your journey.

And if you get lost again, or a little confused about where you are, repeat steps 1 thru 4.

Q & A

Q. What do you do if you are in a dating relationship that is not a 'dream,' but also not a nightmare? Should you hope for someone better when you're not sure if it's the 'grass looks greener on the other side' scenario -- and risk losing what you have to gain an unrealistic fantasy person that is not real? Or should you just focus on the good points in the person you're with and ignore your heart's yearnings?

A. How about a little of both? Visualize the relationship of your dreams AND focus on the things you like in the person you're with. The Law of Attraction lines us up with what we're thinking about and focusing on, so you definitely don't want to be putting a lot of attention towards what you don't like in your partner.

It'll get a lot easier and clearer for you if you remember this: The reason you want *anything* is that you think you'll feel better (happier, fulfilled, connected) when you have it. So the bottom line with relationships is *how you want to feel*. Identify THAT, and focus on it, and let the Law of Attraction do the work for you.

If you need help getting clear on what type of partner and relationship you want to attract, check out my [Love Vibe teleclass](#) starting on July 9th. You *will* gain insight into why you keep repeating the same relationship over and over, and you *will* gain clarity about what you truly want. Click [here](#) to find out more.

Send me your question -- I'll answer one each week in this section. [Email me now](#)

BURSTING WITH ABUNDANCE

"Bursting with Abundance" is my weekly newsletter about attracting prosperity, wealth, joy, and all-around abundance into your life. To learn more, click [here](#)

Thank you for being part of this dialog about the Law of Attraction.
I look forward to your questions and comments.
Feel free to write to me at: suzanne@believeinyourdreams.net.

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