



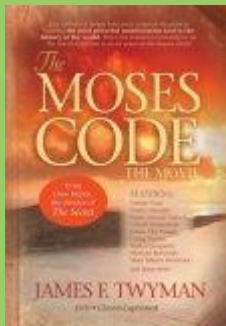
from Suzanne Devereux - BelieveInYourDreams.net



Working with the Law of Attraction

June 11, 2008

Here's a new book and film on DVD that takes "The Secret" one step further, showing us how to use the Law of Attraction to create fulfilling, joyous lives:



Or you can visit [The Moses Code website](#)



James Ray is one of my teachers, and has a new book and dvd about

KEEP YOUR ATTENTION ON THE PATH, NOT THE ROCKS

I have a friend who rides dirt bikes, and he was talking about riding through the woods. If he comes up on a big rock in the path and needs to get around it, the best strategy is to look past the rock to where he wants to go. If he looks at the rock, and focuses on the rock, and thinks about the rock, 9 times out of 10 he's gonna hit the rock. But by focusing on where he wants to go, the rock is usually navigated easily and soon left behind. Even if he does bump into the rock because it's just so big, he's still focused on moving down the path, so his recovery time is quick and away he goes.

The "rocks" in our path, of course, are the things we see in our current life that we don't want to be there. Even if our life circumstance seems stagnant, it's not. We actually ARE on a path, and we ARE moving and choosing our circumstances constantly. It may seem as if you're not moving and your circumstances aren't changing, but that's because you're making choices, moment by moment, to stay where you are and to continue to live in the circumstances that currently surround you. If you want to hang out with a rock and talk about it and bump up against it time and again, the choice is yours. If you want to get PAST an unwanted thing, focus your attention on where you want to go, or what you want to have in your life. It's all a matter of choosing what to focus on.

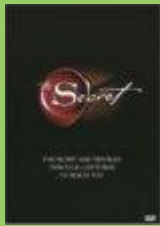
If you'd like a little more on this subject, I've written an article called, "Are You in a Commitment Conflict?" which is on the [Articles page](#) on my website.

creating lives of
Harmonic Wealth

Find out what The Secret is
all about:



or order the DVD or book
on Amazon:



My website: [Believe in
your Dreams.net](http://Believe in your Dreams.net)

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Putting it into Practice **Plugging In**

Imagine that you're an electrical appliance. How do you get powered? By plugging in to the energy source, right? Just as there are many outlets around your house, there are many opportunities for you each day to "plug in" to your dreams and visions. Whatever you're wishing for in your life, find things that will give your dreams juice and energy. **Consciously search** for things around you that validate and encourage your dreams. If you dream of sailing around the world, plug yourself into things having to do with sailing... visit internet sailing sites, walk by a marina or dock, watch sailing movies, tack pictures of sailboats on a bulletin board, buy yourself a skipper cap. You get the idea. Just give yourself as many opportunities as you can to plug in to your dreams.

Q & A

How do I know if I have a hidden belief holding me back from getting what I want? If you're asking the Universe for something and it's not manifesting, one of the things that could be keeping it from showing up is a conflicting belief that says you can't have that thing. What do you want to bring into your life? More money? A healthier body? What did you learn about that subject as a child? Who taught you to think that way about money or your body? Whose voice(s) are reverberating in your head?

Most of our beliefs actually started as something someone told us was "true." It may have been true for *them*, and they may have been well-meaning when they told you that money is evil or you inherited your grandmother's bad knees. But you are a unique creation, straight from Source, and **you** get to choose what **your** life is about. Once you've identified the voices from your past and the messages they gave you, you get to choose which to make a part of your reality and which to throw away.

And here's the fun part: Because you have to believe *something*, and you've thrown your unwanted beliefs away, you now get to **choose** what you're going to believe on any subject. If one of those voices tries to tell you something that you've decided no longer fits your reality, your response could be, "Says who?" Do you remember that old rule about not talking back to your elders? Now might be a good time to do just that -- at least in your thoughts.

Send me your question -- I'll answer one each week in this section. [Email me now](#)

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Thank you for being part of this dialog about the Law of Attraction.
I look forward to your questions and comments.
Feel free to write to me at: suzanne@believeinyourdreams.net.

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