



from Suzanne Devereux - BelieveInYourDreams.net



Working with the Law of Attraction

June 4, 2008



James Ray is one of my teachers, and has a new book and dvd about creating lives of

Harmonic Wealth

Find out what The Secret is all about:



or order the DVD or book on Amazon:

PUTTING YOUR ORDER IN TO THE COSMIC KITCHEN

"I'd like a new job, one that I enjoy, that involves creativity and fulfillment and lots of money," you tell the waiter at the Universe Cafe.

"Okay, I'll put your order in and it'll be here shortly," he replies. He drops off your order in the kitchen, and the Cosmic Cook gets busy on it. Meanwhile, you're sitting patiently at your table, expecting that what you just ordered will come to you shortly and that it will be enjoyable. Without any more effort on your part, your order is prepared by the Universe and delivered by the Law of Attraction. (That's Scenario 1, the preferred way to do it.)

Scenario 2: What if you're not sure the waiter's doing his job, or you have doubts about the cook? You motion the waiter over and say, "Are you sure you got my order right? Did you tell the cook that I want a job involving creativity?"

"I'm sure I told the Cook that already," he says.

"Well, just go and make sure that the Cook knows for sure that I want creativity."

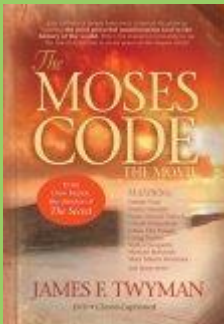
The waiter shrugs and says, "Okay," and starts off for the kitchen. You call him back again, saying, "And remember to tell him that I want lots more money with this job."

The waiter nods and starts to head towards the kitchen, but you're nervous when he goes through those swinging doors and you can't see what's happening in the kitchen. So you call him back and think of things to talk about to keep the waiter by your side: "You know, my current job is so dead-end. That's why I want a job that's interesting and fulfilling, that I can really enjoy. Make sure the Cosmic Cook knows that I really deserve a great job." You blab on and on, and the longer you do that, the longer the waiter can't do his job by going to the kitchen and bringing back the thing you ordered.

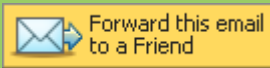
Have a little faith in the Cook, will ya? And in the delivery system.



Here's a new book and film on DVD that takes "The Secret" one step further, showing us how to use the Law of Attraction to create fulfilling, joyous lives:



Or you can visit [The Moses Code website](#)



[My website: Believe in your Dreams.net](#)

[Join My Mailing List!](#)

Would you like to read back issues of "Living It Daily?"
Click here for [archives](#)

Putting it into Practice **A Gratitude Journal**

Keeping a Gratitude Journal helps keep us in the positive space of appreciating everything good in our lives. It's about noticing when something goes smoothly, is enjoyable, or is lining up with our desires. It's telling the Universe, "I like this and this and this in my life; please send me more of the same."

A simple practice is to get a notebook and each night before going to sleep, write 10 things that you appreciated about your day. Or time yourself for 5 minutes, and write as many things as you can think of that you're grateful for in your life. If you're having a tough time coming up with something, how about starting with the soft pillow you're about to lay your head on? How about water that's delivered to you with the twist of a faucet? Then open up and take it from there.

Q & A

I used the Law of Attraction to manifest a great relationship, but am now having trouble believing that my perfect job will come to me. Why is this?

It's very common that we have less resistance to receiving what we want in some areas of our lives than in others. It usually has to do with messages received while growing up. Maybe you've always had a basic feeling that it's possible to find your perfect mate, but your childhood messages about jobs is that they are something detestable that's necessary to put food on the table. What kind of beliefs do you really hold about work? When you think about finding your perfect job, what do the voices inside your head say? If negative messages pop up, those are the beliefs that are holding you back in this area. Take them, one by one, and declare to yourself that you no longer believe that. Re-write each negative belief into a new, positive one. For example, maybe one negative belief is that work is serious and "grown up." But if you yearn for a fun, light-hearted job, you're in a conflict, see? Re-write that negative belief into something like, "Work is fun, enjoyable, and fulfilling. I love going to my job each day." Say this new belief to yourself often. Write it on post-it notes, send it to yourself in emails, look for similar messages on greeting cards and in magazine ads, revel in any instance of others who have jobs they enjoy. Find things to enjoy about your current job, even tiny things. Surround yourself with this new idea and the "proof" that it's possible.

Here's the bottom line: A "belief" is merely an idea that we've told ourselves over and over... it's no more "true" than any other statement you could tell yourself over and over. So choose which ideas you're going to internalize, tell them to yourself repeatedly, and look for proof of them. Before long, those new ideas become your positive, life-affirming beliefs.

Send me your question -- I'll answer one each week in this section. [Email me now](#)

Thanks for being part of this dialog about the Law of Attraction. I look forward to your questions and comments. Feel free to write to me at: suzanne@believeinyourdreams.net.

[Forward email](#)

Email Marketing by

 **SafeUnsubscribe®**

This email was sent to devereux007@yahoo.com, by suzanne@believeinyourdreams.net
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



Inner Voice Communications | IVC | Virginia Beach | VA | 23454